

### Herren

PLATZ	Nr.	Name	Zeit
1	20	Sonntag, Mike	00:55:52
2	26	Richter, Ingo	00:58:03
3	31	Blom, Christian	01:02:47
4	34	Lampe, Robert	01:02:53
5	5	Hackmann, Stephan	01:02:58
6	10	Glaßmeyer, Johannes	01:05:09
7	8	Tepe, Frank	01:05:59
8	39	Ebeler, Matthias	01:07:57
9	3	Brink, Volker	01:09:07
10	11	Böggemann, Frank	01:09:42
11	35	Thalmann, Raimund	01:11:17
12	41	Rötter, Christian	01:12:00
13	37	Ulrich, Udo	01:13:13
14	14	Egbert, Bernd	01:14:48
15	28	Haskmap, Frank	01:15:30
16	7	Wagner, Jörg	01:15:30
17	60	Schnetgöke, Thorsten	01:15:45
18	15	Oster, Georg	01:15:51
19	33	Lindmeyer, Marco	01:16:18
20	38	Ulrich, Domenik	01:16:21
21	25	Kückelmann, Andreas	01:17:32
22	9	Kottmann, Rolf	01:20:27
23	12	Gaida, Axel	01:20:45
24	1	Verlage, Michael	01:22:45
25	16	Schäfers, Jürgen	01:22:54
26	40	Nospickel, Reinhard	01:26:46
27	36	Helbing, Joerg	01:27:27
28	21	Nagelmann, Michael	01:33:57
29	17	Broelemann, Klaus	01:39:52
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### Damen

PLATZ	Nr.	Name	Zeit
1	19	Schäfer, Denise	01:09:29
2	29	Köhler, Susanne	01:11:52
3	4	Exeler, Juliane	01:15:53
4	6	Willer, Susanne	01:17:46
5	2	Derhake, Luisa	01:26:46
6	22	Schmerge, Christiane	01:27:12
7	63	Schmitt, Christiane	01:30:03
8	18	Mira de Espindola, Gio.	01:33:52
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**Frei**  
**Bad Laggenbeck**

### Team

PLATZ	Nr.	Name	Zeit
1	99	Frommeier	00:59:48
	Teram	Raabe	
	Team	Schindler	
2	88	Gudd, Rainer	01:00:05
	Team	Büscher, Ulrich	
3	82	Osterbrink, Heinz	01:02:36
	Team	Osterbrink, Jan	
	Team	Osterbrink, Linda	
4	87	Ludewig, Stefan	01:03:06
	Team	Donnermeyer, Elke	
	Team	Gallinat, Ulrich	
5	85	Meyer, Klaus	01:05:01
	Team	Glaßmeyer, Elke	
	Team	Karius, Rolf	
6	90	Karin Richter-Beuse	01:06:12
	Team	Steven Lukas	
	Team	Joachim Fröhlking	
7	83	Steingröver, Carina	01:07:13
	Team	Donnermeyer, Silke	
8	84	Schäfer, Helmut	01:07:58
	Team	Schäfer, Martin	
	Team	Scholz, Herrman	
9	80	Lammers, Detlev	01:12:16
	Team	Lammers, Nathalie	
10	81	Walke, Anna	01:14:55
	Team	Walke, Wolfgang	
	Team	Walke, Mathias	
11	86	Brömmelkamp, Caroline	01:26:22
	Team	Brömmelkamp, Carlotta	